



PREPARING SENIORS FOR A HURRICANE

2019 UPDATE | HURRICANE DORIAN

1184 Pelican Bay Drive, Daytona Beach, Florida 32119
Phone (386) 676-1118 | Fax (866) 571-9365
Email customer care@onyxhomecare.com

TABLE OF CONTENTS

ABOUT THE BOOKLET + ADDITIONAL RESOURCES

VOLUSIA COUNTY SHELTER INFORMATION FOR HURRICANE DORIAN

FLAGLER COUNTY SHELTER INFORMATION FOR HURRICANE DORIAN

OXYGEN-DEPENDENT RESIDENTS

AMERICAN RED CROSS ESCAPE ROUTES & MEETING PLACES

AMERICAN RED CROSS STEPS FOR PREPAREDNESS

FEMA PREPAREDNESS KIT FOR THE ELDERLY

FEMA TIPS FOR STAYING AT A SHELTER



During a hurricane, the elderly are especially vulnerable.

Seniors are more likely to experience diminished awareness, health problems, access and functional needs and various other limitations.

When possible, seniors should find shelter with a family or caregiver. If you are an OHC patient, please let us know if you will be alone during the storm.

Use the tips below to prepare for the upcoming storm and do not take precautions lightly.

The following booklet shares critical information from the American Red Cross and FEMA to prepare seniors for a hurricane along with shelter information for Volusia and Flagler counties.

ADDITIONAL RESOURCES:

Florida Disaster | floridadisaster.org

Local Radio | radiolineup.com/locate/Daytona-Beach-FL

NOAA | noaa.gov

Red Cross | redcross.org | Text: "GETCANE" to 90999 To Download App | [Full Red Cross Preparedness Booklet for Seniors](#)

VOLUSIA COUNTY SHELTER INFORMATION FOR HURRICANE DORIAN

The best way residents can **stay informed about public shelter openings is to download the Volusia County emergency preparedness app on your mobile device, [visit www.volusia.org/PIN](http://www.volusia.org/PIN)** - where emergency information is posted, and follow Emergency Management on social media (Facebook and Twitter).

Resident can also call the **toll-free Citizens Information Hotline, which is ONLY activated during an emergency, at 866-345-0345**. Telecommunications Device for the Deaf: 386-248-1792

Transportation

The Volusia County School Board and Votran will provide free rides to general public shelters. Pick up will be made at all regular Votran bus stops.

Definitions

- SIP: Shelter Information Point (central location to direct evacuees to shelters in Deltona)
- SpNS: Special Needs Shelter – Assists evacuees who are elderly, physically, mentally or sensory disabled, visually or hearing impaired, or require oxygen. It is also a Pet Friendly shelter for PSNs (People with Special Needs).
- PF: Pet Friendly – people and pets are housed in separate locations at the shelter
- PPS: People & Pet Shelter (people and pets are housed in the same location – Fairgrounds only)

Important SpNS shelter information:

- People with special needs should be accompanied by a caregiver if this type of assistance is normally needed.
- People with special needs must bring all needed supplies.
- Hospitals are not shelters.
- SpNS are not for people who need 24-hour dedicated care, a hospital bed, ventilator, other complex care, or isolation patients.
- SpNS are pet friendly. Must bring necessary items/supplies for their pets. Contact Volusia County Animal Services for additional information and questions.
- Directions to shelters in Volusia County
- Directions to shelters that are opened can be found in the Volusia County Emergency Management app.

Directions to shelters in adjacent counties

321-637-6670 Brevard County
386-586-5111 Flagler County
352-343-9732 Lake County

352-369-8100 Marion County
386-329-0379 Putnam County
407-665-0311 Seminole County

Items to take to a shelter

Evacuees may need to stay at a shelter for 24 to 72 hours during an emergency. Since space is limited, only take essential items. Avoid bringing valuables; shelters are not responsible for lost or stolen items.

Items include:

- Special dietary food, snacks or comfort food, water or other non-alcoholic beverages
- Bedding: pillow, blanket, etc. - general population shelters do not provide cots, so a comfortable beach chair and sleeping pad are recommended
- Ear plugs
- Extra clothing.
- Medications and medical supplies.
- Oxygen supplies or arrange with your oxygen company to deliver to the designated SpNS oxygen shelter.t
- Toiletry items.
- Flashlight and batteries.
- Diapers, infant and elderly/disabled necessities.
- Time occupier such as books, magazines, games or cards.

If you only have minutes to pack, grab these items:

- Medical supplies: prescription medications, eyeglasses and dentures.
- Disaster supplies: flashlight, batteries, radio, first aid kit, bottled water
- Clothing and bedding: a change of clothes and a sleeping bag or bedroll and pillow for each household member
- Car keys and keys to the place you may be going (friend's or relative's home)

FLAGLER COUNTY SHELTER INFORMATION FOR HURRICANE DORIAN

Flagler County Emergency Management is urging residents, visitors, and businesses to prepare for the potential impacts of what is now Tropical Storm Dorian, and forecasted to become a Category 3 Hurricane prior to landfall on the Florida or Georgia coastline.

Those in Evacuation Zones A, B, C, and D should be prepared to evacuate on Saturday, should the County issue an evacuation order.

Disaster Plans should be finalized, if you have not already done so, please review your evacuation zones, and evacuation destination. Please make sure your disaster kits; are complete well before the weekend. This includes making sure that you have adequate food, water, medications (including oxygen), and fuel (vehicles and generators).

Please visit the links on the menu to obtain more information on ALERTFlagler, the Special Needs Registry, and to view our disaster preparedness guide.

As soon as we have details on evacuations and shelter availability, it will be posted on flaglercounty.org and onyxhomecare.com.



OXYGEN-DEPENDENT RESIDENTS

People who are dependent on oxygen will need electricity to generate supplemental oxygen. Until power is restored in the home, here's what people can do:

First, contact your oxygen supplier and request additional tanks. If you're unable to get the oxygen needed from your local office, and you are dealing with a national provider, call their other offices and request a delivery.

If your oxygen supply company still cannot provide additional tanks, call the medical provider who wrote the order for the oxygen. This may be your primary care provider. Request a new order to be placed with another company that can provide emergency oxygen.

Special needs shelters are a last resort and only are a temporary solution. Special needs clients must:

- Bring their own concentrator
- Bring a caregiver if they normally need assistance at home
- Be prepared to sleep on cots that are low to the ground



American Red Cross

ESCAPE ROUTES & MEETING PLACES

- Plan the best and quickest escape routes out of your home and evacuation routes out of your neighborhood.
- Decide on a meeting place outside your neighborhood in case you cannot return home.
- If you or someone in your household uses a wheelchair, make sure all escape routes from your home are wheelchair accessible.
- Know the safe places within your home in case you need to shelter during extreme weather events (e.g., tornado).
- Practice your escape drill every six months.
- Plan for transportation if you need to evacuate to a shelter.

STEPS FOR PREPAREDNESS

Community Disaster Plan

Ask about the emergency plans and procedures that exist in your community. Know about your community's response and evacuation plans (e.g., hurricane, nuclear emergency, severe weather). If you do not own a vehicle or drive, find out in advance what your community's plans are for evacuating those without private transportation or make arrangements with a neighbor who would drive you.

Home Care Support

If you receive home care, speak with your case manager to see what their plan is in times of emergency and how they can assist with your plan

Post Emergency Phone Numbers Near Your Phones (cont.)

Post emergency numbers near all of your phones. Include the numbers of those in your support network. Remember that in some emergencies telephone lines might not be working. Consider having alternative plans for contacting those in your network.

Plan for Those With Disabilities

Keep support items like wheelchairs and walkers in a designated place so they can be found quickly. This step is essential for those who have home-health caregivers, particularly for those who are bed bound.

Plan for Your Pets or Service Animals

Take your pets with you if you evacuate. However, be aware that pets (except service animals) are not permitted in emergency public shelters for health reasons. Prepare a list of family, friends, boarding facilities, veterinarians and 'pet-friendly' hotels that could shelter your pets in an emergency.

Vital Records and Documents

Keep copies of vital family records and other important documents such as birth and marriage certificates, social security cards, passports, wills, deeds, and financial, insurance and immunizations records in a safe location, like a fire safe or safe-deposit box.

Hearing Aids/Cochlear Implants

If you wear hearing aids or assistive devices, consider storing them in a bedside container that is attached to your nightstand using Velcro. Some disasters (e.g., earthquakes) may shift items that are not secured, making them difficult to find quickly.

Community Warning Systems

How will you be notified of a possible emergency? Know how local authorities will warn you of a pending or current disaster situation and how they will provide information to you before, during and after a disaster.

Friends, Family Caregivers and Neighbors

Before a disaster happens it is a good idea to have a conversation with those in your support network: your friends, family and neighbors. Let them know your needs in an emergency situation; ask them how they could assist with your plan and whether they would be willing to help. Consider that during some emergencies travel is severely limited and they may not be able to get to you.

Local Neighborhood Emergency Teams

Connect with a group in your local neighborhood. Some of these could include CERT (Community Emergency Response Team), neighborhood watch, community block associations, faith-based organizations, etc. Even if you feel you cannot become a member, let them know your needs and ask them how they could assist with your disaster plan. If available, take advantage of advance registration systems in your area for those who need help during community emergencies.



FEMA

PREPAREDNESS KIT FOR THE ELDERLY

- One gallon of water per day. Electrolyte beverages are a good source of hydration.
- Foods ready to eat and not perishable, preferably rich in B12 vitamin and low in sodium. Vitamin supplements can help prevent nutritional deficiencies.
- Blankets, extra clothing and comfortable shoes.
- Spare eyeglasses, catheters, batteries, oxygen systems, etc.
- First-aid kit, medical insurance and Medicaid/Medicare cards.
- Prescription medicines and copies of prescriptions that can be refilled for up to six months.
- Medical-alert tags or bracelets with information about healthcare needs.
- An emergency-contact list to reach family and friends.
- Plenty of extra cash, since access to banks and ATMs may be limited.
- Copies of family records and other important documents such as birth and marriage certificates, Social Security cards, passports, wills, deeds, and financial, insurance and immunizations records — all stashed in a sealed, waterproof bag.
- A battery-powered radio and/or a NOAA weather radio.
- A solar or battery-operated flashlight.
- A whistle to call for help and a small mirror to reflect sunlight in case you have to signal rescue teams.

TIPS FOR STAYING AT A SHELTER

- Take what you can carry from your readiness kit.
- Notify management of any needs you may have.
- Let your family and out-of-town contacts know where you are sheltering or where you will be staying during the storm.
- Make arrangements for your pets' care.